

STUDY OF RECREATIONAL POTENTIAL OF VINNYTSIA REGION

Vinnytsia National Technical University

Анотація

Рекреація є процесом, в основу якого покладено відпочинок людей у вільний від роботи час. Рекреаційна сфера охоплює галузі і підприємства, які забезпечують організацію відпочинку з метою відновлення фізичних і психологічних сил людини, а також забезпечують додатковими та супутніми товарами і послугами.

Ключові слова: здоров'я, рекреація, підприємництво, територія.

Abstract

Recreation is a process based on the recreation of people in their free time from work. The recreational sphere includes industries and enterprises that provide recreation for the purpose of restoring physical and psychological strength of a person, as well as providing additional and related goods and services.

Keywords: health, recreation, entrepreneurship, territory.

Introduction

The recreational complex of the Vinnytsia region is a structural entity, the functional and component structure of which is represented by material and physical components, among which health facilities (recreation centers and children's health camps) predominate. Their distribution on the territory of the region is uneven, which complicates their use in recreational activities. The recreational sphere includes industries and enterprises that provide recreation for the purpose of restoring physical and psychological strength of a person, as well as providing additional and related goods and services. Recreational activities include certain types of activities related to tourist, sanatorium-resort, health-rehabilitation, sports purposes.

Research Results

The elements of the territorial structure are 6 recreational districts: Central, Northern, Southern, Western, North-Eastern, South-Eastern; 13 recreation centers; 36 recreational points. A feature of the territorial structure of the recreational complex of the Vinnytsia region is the uneven placement of its elements.

The main structural elements – recreational points and centers were formed along the rivers, in particular the Southern Bug and the Dniester. There are no established recreation centers on the territory of the region, Vinnytsia is the largest recreation center of the region, and at the same time performs the functions of the organizational core of the regional territorial and recreational complex. The most developed is the Central multifunctional recreation area, which accounts for a significant share of health facilities in the region – about 38.5%, 51.1% of sanatorium-resort facilities and about 33.4% of all historical and cultural monuments.

Almost all water bodies of the region can be used for recreation of the population, but the most promising in this regard are small rivers, which serve as a natural basis for the development of such types of recreation as complex bathing and health recreation, fishing, etc.

An integral part of recreation zones are the territories of the Nature Reserve Fund, which includes 338 nature conservation objects, including the following:

- 90 nature reserves (21 of national and 69 of local importance);
- 182 natural monuments (10 of national and 172 local importance);
- 36 parks of monuments of horticultural art (11 of national and 25 of local importance);
- 30 protected tracts.

Also forests are the most suitable for recreation and health among plant resources. In addition to aesthetic qualities, the forest also performs health-improving and sanitary-hygienic functions. There are 376.90 thousand hectares of forestry land in the region.

Conclusion

The recreational sphere is one of the most promising branches of the present and the future. After summarizing the assessments of the aesthetic value of the territory of the administrative districts of the region, assessments of their provision of climatic, water, and forest resources, and taking into account the indicators of recreational load, an integral point assessment of the provision of the territory of the Vinnytsia region with natural recreational resources was determined.

REFERENCES

1. Мій край – Вінниччина. Туристичні ресурси області. Рекреаційний потенціал Вінницької області URL: <https://mykrai.wordpress.com/%D0%B2%D0%B8%D0%B7%D0%BD%D0%B0%D1%87%D0%BD%D1%96-%D0%BC%D1%96%D1%81%D1%86%D1%8F-%D0%BE%D0%B1%D0%BB%D0%B0%D1%81%D1%82%D1%96/> (дата звернення 21.03.2024)
2. Чернова Г.В. Територіально-рекреаційний комплекс Вінницької області. URL: <http://www.disslib.org/terytorialno-rekreatsiyeni-kompleks-vinnytskoyi-oblasti.html> (дата звернення: 21.03.2024)

Атаманчук Андрій Юрійович – студент групи МР-22б, факультет менеджменту і інформаційної безпеки, Вінницький національний технічний університет, м. Вінниця, e-mail: atamana163@gmail.com

Науковий керівник: Слободянюк Алла Анатоліївна – старший викладач кафедри іноземних мов, Вінницький національний технічний університет, м.Вінниця, e-mail: a.allavin@gmail.com

Atamanchuk Andriy U. – student of group MR-22b, Faculty of Management and Information Security, Vinnytsia National Technical University, Vinnytsia, e-mail: atamana163@gmail.com

Scientific Supervisor: Slobodianiuk Alla A. – Senior Lecturer of the Foreign Languages Department, Vinnytsia National Technical University, Vinnytsia, e-mail: a.allavin@gmail.com